



Finger Paint Recipe

Supplies for your finger paint...

You will need:

- 4 tablespoons of corn flour (corn starch)
- cold water
- 1 cup of boiling water
- liquid food colouring
- a medium saucepan
- empty jars or paint pots
- cling wrap

Directions...

1. In the saucepan (or pot) mix the cornflour with enough cold water to make a paste. Pour in 1 cup of boiling water and stir until there are no lumps.
2. Turn on the heat (medium should do it) and keep mixing until you notice that the mix has some clear streaks forming.
3. At that point, turn off the heat and keep stirring until the mixture thickens and looks like a clear custard.
4. Spoon equal amounts into the empty jars (cups or paint pots - whatever you have) and add food colouring. Keep mixing until the colouring is mixed through completely and you are done.

You can store your paints in the fridge for up to 2 weeks providing you cover it with cling wrap. This finger paint recipe does not have any preservative in it, so it is important to check that the paint has not "gone off" before you give it to the kids.

Cause anyone who has spent any time at all with small children will know that absolutely everything (finger paint included) goes in their mouths (and on their clothes, in their hair, on the bottom of their shoes, just everywhere really...) So check it first!

